

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES

Exploring the Social Determinants of Health

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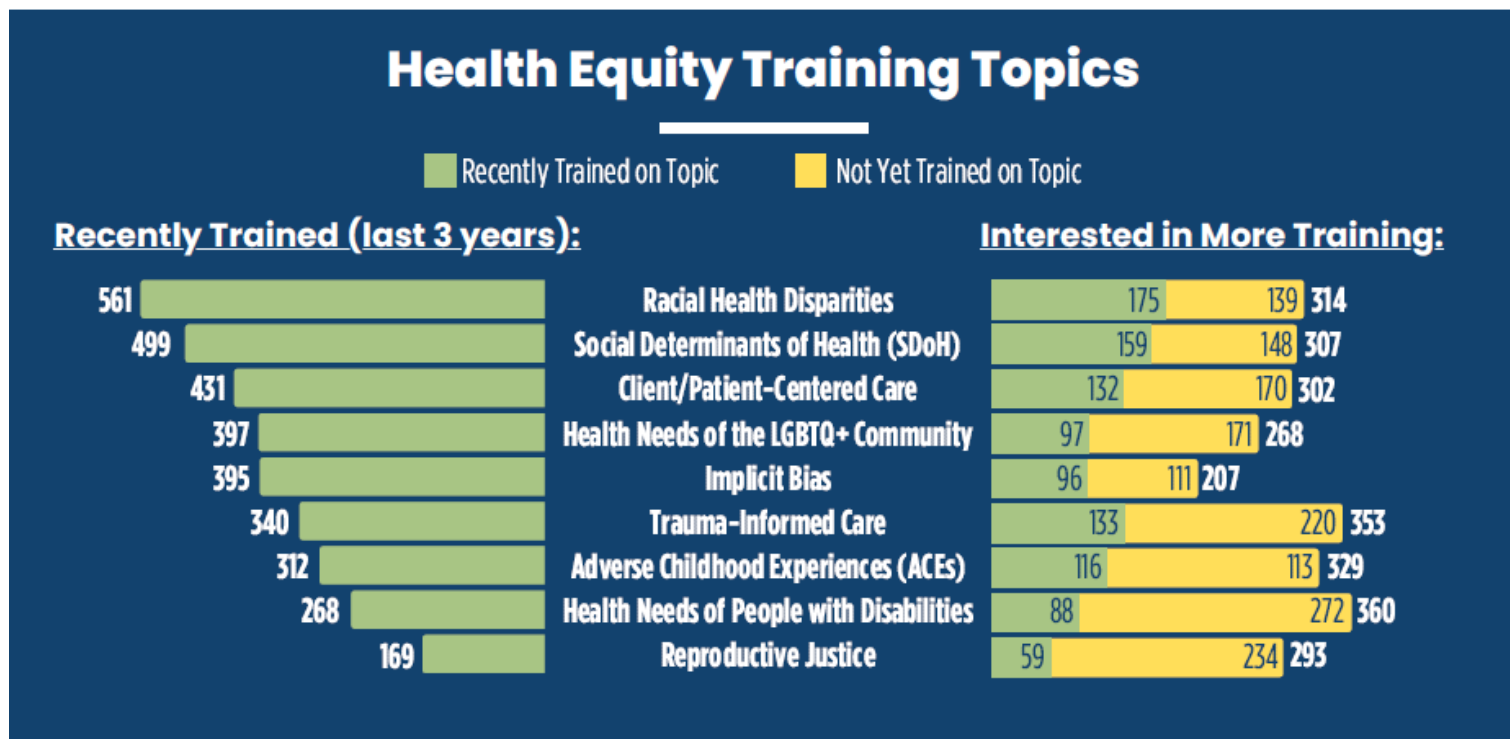
January 12, 2024



Agenda

- I. Review Social Determinants of Health**
- II. Discuss Common Social Determinants of Health Needs of People of Reproductive Age**
- III. Case Study (Breakout Rooms)**
- IV. Grantee Spotlight: Cleveland County's "A Bag in Time" Program**
- V. Discussion/Questions**

Health Equity Training Survey: Statewide Results



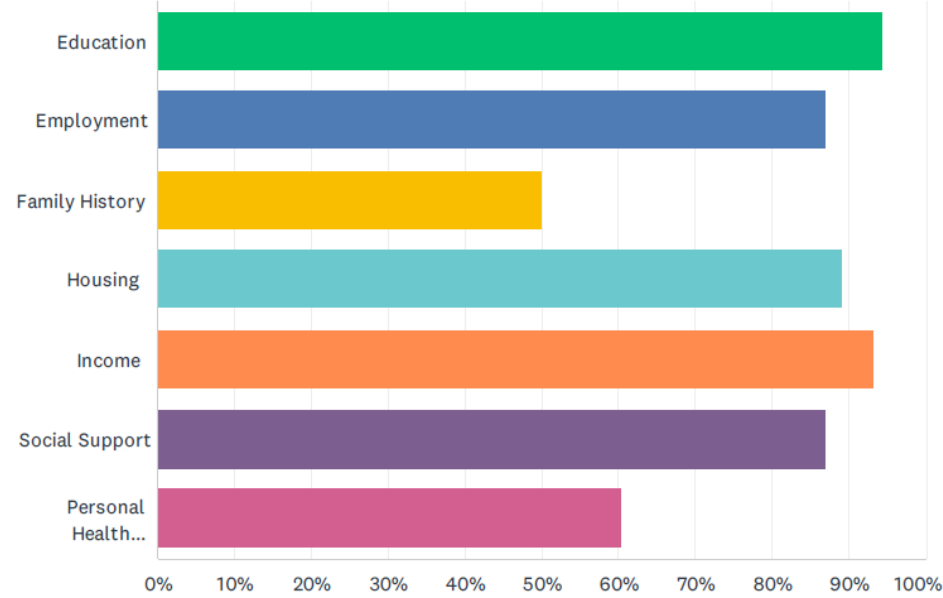


Health Equity Training Survey: Social Determinants of Health (SDOH) Knowledge Check

Health Equity Training Survey

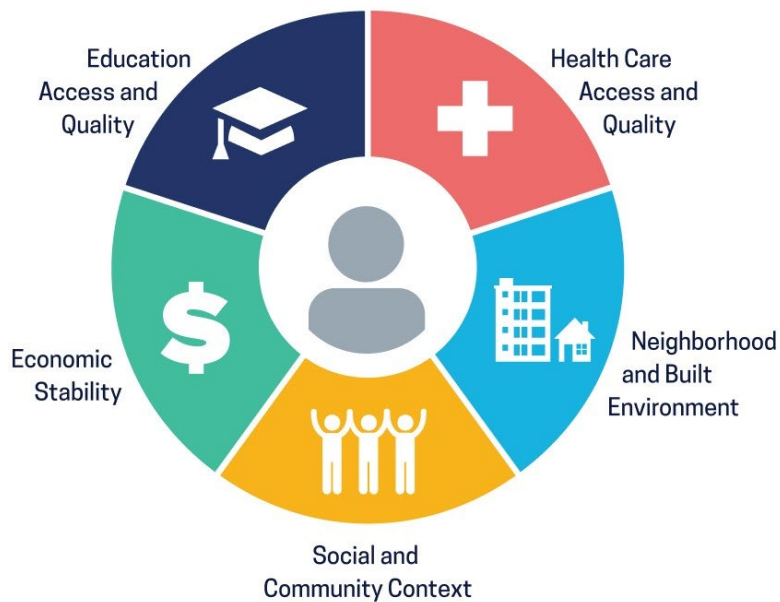
Q6 Which of the following are examples of social determinants of health?
Select all that apply.

Answered: 557 Skipped: 66

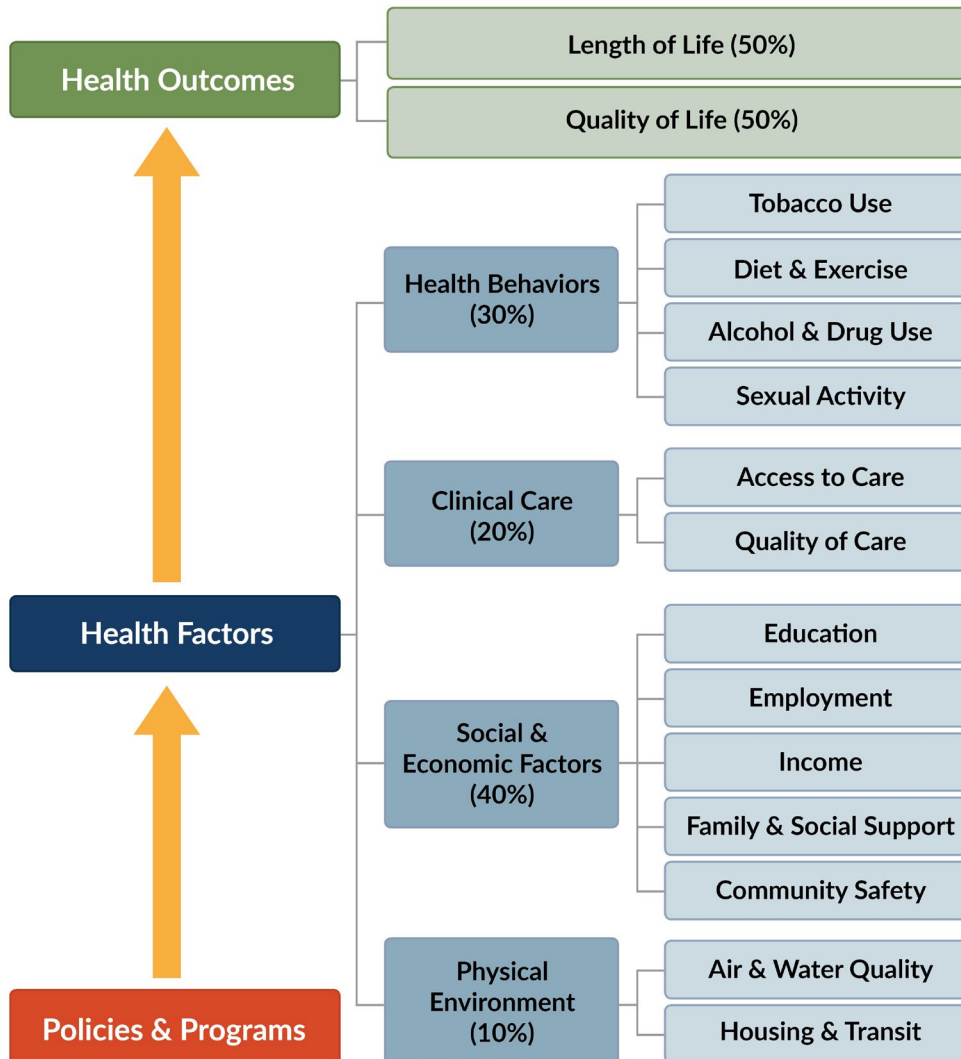


What are social determinants of health?

Social Determinants of Health



Social determinants of health (SDOH) are the conditions in the environments where people are born, live, work, play, worship and age that affect a wide-range of health, functioning, and quality of life outcomes and risks.



Social determinants of health affect as much as 50% of variation in health outcomes.

County Health Rankings model © 2014 UWPHI

What are social determinants of health?



https://www.youtube.com/watch?v=pbP1_qd5FHQ

HEALTHY OPPORTUNITIES SOCIAL DETERMINANTS OF HEALTH SCREENING QUESTIONS

DHHS, in partnership with a diverse set of stakeholders from across the state, developed a standardized set of Social Determinants of Health (SDOH) screening questions. <https://www.ncdhhs.gov/about/department-initiatives/healthy-opportunities/screening-questions>

HEALTH SCREENING

We believe everyone should have the opportunity for health. Some things like not having enough food or reliable transportation or a safe place to live can make it hard to be healthy. Please answer the following questions to help us better understand you and your current situation. We may not be able to find resources for all of your needs, but we will try and help as much as we can.

	YES	NO
FOOD		
1. Within the past 12 months, did you worry that your food would run out before you got money to buy more?		
2. Within the past 12 months, did the food you bought just not last and you didn't have money to get more?		
HOUSING/ UTILITIES		
3. Within the past 12 months, have you ever stayed: outside, in a car, in a tent (other than recreational camping), in an overnight shelter, or temporarily in someone else's home (i.e. couch-surfing)?		
4. Are you worried about losing your housing?		
5. Within the past 12 months, have you been unable to get utilities (heat, electricity) when it was really needed?		
TRANSPORTATION		
6. Within the past 12 months, has a lack of transportation kept you from medical appointments or from doing things needed for daily living?		
INTERPERSONAL SAFETY		
7. Do you feel physically or emotionally unsafe where you currently live?		
8. Within the past 12 months, have you been hit, slapped, kicked or otherwise physically hurt by anyone?		
9. Within the past 12 months, have you been humiliated or emotionally abused by anyone?		
OPTIONAL: IMMEDIATE NEED		
10. Are any of your needs urgent? For example, you don't have food for tonight, you don't have a place to sleep tonight, you are afraid you will get hurt if you go home today.		
11. Would you like help with any of the needs that you have identified?		

SDOH Uniquely Impact Women

- **Economic Stability**
 - Women make \$0.82 for every \$1 men make, and this gap is more significant for Latina, Native American, and Black women
 - Women are more likely to be overrepresented in low-wage jobs
- **Social and Community Context**
 - Low wage jobs may mean difficulty accessing adequate childcare
 - Lack of transportation options
- **Health Care Access and Quality**
 - Difficulty getting off work which could mean missed or delayed appointments
 - Black women are more likely to be uninsured than non-Hispanic white women
 - Structural racism affects the health care experience of women of color, leading to health inequities

Common SDOH Needs Among People of Reproductive Age

- **Food insecurity (self or family)**
- **Utilities**
- **Transportation**
- **Employment**
- **Childcare**
- **Housing**
- **Intimate partner violence**





Case Study

Actions Family Planning Staff Can Take to Address SDOH Needs:

- **Screening clients for social determinants**
- **Providing strengths-based, client-centered care**
- **Connecting clients to appropriate social and economic support services**
- **Partnering with community-based organizations to expand local referral networks**



Grantee Spotlight: Cleveland County Health Department “A Bag In Time”



Cleveland County
HEALTH DEPARTMENT

Anne Short
Zakoya Spikes



A BAG IN TIME

EMERGENCY FOOD LIST:

- 1, 18 oz. container of peanut butter
- 1, 1b. box of spaghetti noodles
- 1, 15 oz. can of baked beans
- 1, 14.5 oz. can of green beans
- 1, 18.6 oz. of chunky chicken noodle soup
- 1, 15.25 oz. can of corn
- 1, 24 oz. can of meat pasta sauce
- 1, 10.5 oz. can of tomato soup
- 4 pack of fruit cups in 100% JUICE.
- 1, 12.5 oz. can of chicken
- 1, 12 oz. can of tuna
- 2, 7.25 oz. boxes of Macaroni & Cheese
- 8 pack of Fruit & Grain Bars or Granola Bars
- 1 lb. bag or box of rice
- 1 lb. bag of dry pinto beans
- 1, 12 oz. box of cereal
- 1, 16 oz. box of saltine crackers



Questions?



***“To really be able to offer up something right then or do a warm handoff is so much more helpful than to be like, ‘Oh yeah, let me give you a piece of paper full of referrals.’”
- Colorado Title X Grantee***



Webinar Evaluation



Stay in touch!

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